Flavorful Stovetop Popcorn

Ingredients

1 tablespoon coconut oil or grapeseed oil

2 tablespoon whole popcorn kernels

toppings if desired



Heat oil in a sauce pan over medium heat with 3 popcorn kernels. Cover with lid.

Once the 3 kernels have popped, add the rest of the kernels and gently shake the sauce pan to distribute oil.

As the kernels begin to pop, continuously shake the pot gently until all kernels have popped.

Turn the heat off and crack the lid to make sure there aren't any kernels surprising you with a pop!

Immediately serve in bowls & Enjoy! TBK Tip: add desired toppings such as sea salt, parmesan cheese, black pepper or even candy covered chocolate



