

Parfaits

Makes 12

Ingredients

Granola

- 3 C rolled oats
- 2 T light brown sugar
- 1 t cinnamon
- 1/4 t salt
- 1/4 C honey
- 1/4 C oil
- 1 t vanilla

Layering Ingredients

- 1/4 C honey
- 3 C greek yogurt, plain
- 1 T fruit jam
- 24 strawberries, fresh
- 48 blueberries
- 6 bananas, fresh

Instructions

1. Preheat oven to 400 degrees.
2. Combine rolled oats, brown sugar, cinnamon, and salt in a bowl and stir to combine.
3. Place the honey, oil, and vanilla in a small bowl and stir to combine. Pour over the oat mixture and mix until the oats are thoroughly coated.
4. Spread the mixture in a thin, even layer on a baking sheet.
5. Bake for 7-10 minutes, stirring once.
6. While the granola is baking, chop banana and strawberry into slices - set aside.
7. Remove the granola from the oven. Stir and allow to cool on baking sheet.
8. Mix greek yogurt with fruit jam - set aside.
9. Review the layering pattern for the parfait and begin assembling: Granola - Yogurt - Banana - Strawberry/Blueberry - Honey.
10. Serve, Savor, Enjoy!