

Homemade Hand Sanitizer

1 cup



Ingredients

2/3 cup rubbing alcohol, 90% or higher

1/3 cup aloe vera gel

8-10 drops essential oil (optional)

Instructions

Choose a bottle to store your hand sanitizer in. You can use a bottle with a pump, a flip top or a spray nozzle. Make sure to label it!

Pour the rubbing alcohol into a bowl, preferably with a pour spout. Add the aloe vera gel and essential oil.

Stir with a whisk, starting slowly at first and then mixing faster to fully incorporate the ingredients into a gel. The sanitizer will be thinner than the store-bought varieties that you are used to.

Pour the mixture into your bottle. If you aren't using a bowl with a pour spout, use a funnel to easily pour your hand sanitizer into your bottle. Enjoy your clean hands!

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