



FARE HARBOR

S.M.A.R.T. GOALS WORKSHEET

Crafting S.M.A.R.T. Goals are designed to help you identify if what you want to achieve is realistic and determine a deadline. When writing S.M.A.R.T. Goals use concise language, but include relevant information. These are designed to help you succeed, so be positive when answering the questions.

	GOAL #1	GOAL #2	GOAL #3
S SPECIFIC			
M MEASURABLE			
A ACHIEVABLE			
R RELEVANT			
T TIME-BOUND			
SMART GOAL			