### **IN-PERSON EVENTS**

**FALL/WINTER 2023-2024** 

\$200 PER PERSON



Harvest your team building in our kitchen! Our 3-hour, hands-on cooking events are a proven recipe for success. We host events in our Berkeley and Oakland kitchens.

- To book an event, just follow these 4 simple steps:
- Details. Connect with our coordinator and set your special event's date and time.
- Format. Choose from the following options:

SIT-DOWN (up to 24 guests) SMALL PLATES (up to 35 guests)

BATTLING CHEF (up to 24 guests)

Choose your menu, selecting 4 recipes. 1 main, 1 side, 1 salad, 1 sweet

### MAINS

Delicous recipes from around the globe

### SALADS

Colorful & crisp

### SMALL PLATES

A casual cooking mixer

### SIDES

Flavorful accompaniments

### SWEETS

Treat yourselves

### BATTLING CHEFS

Friendly competition, judged by our chefs

WELLNESS EVENTS - inquire to learn more

Drinks. We set up the area for your self-serve beverage bar with bistro glasses, openers and ice. Bring your own wine and beer – there is no corkage fee.



know you've booked an event with us 510.665.8600 (Ask for the manager)

#### Oakland

BEER 

An amazing brewery that just opened and is conveniently located next door. You can order online for pickup. They have 32oz crowlers (canned beer) available.



### MAINS & SIDES

### GLOBAL RECIPES

- Appetizer platter provided upon arrival
- Select 4 total recipes to prepare with your chef instructor
- We recommend 1 main, 1 salad, 1 side, 1 sweet

### In-Person Events

Sit-Down, 3-hour Up to 24 guests

### MAINS

**Beef Bulgogi** ssamjang sauce & lettuce cups (df)

Braised Chicken green olives & preserved lemon

Cioppino (Seafood Stew) tomatoes & grilled garlic bread (df, gf option)

Enchiladas chicken, pork or wild mushroom (pick one) & salsa verde

Merguez Lamb Sausage or Chicken, Chickpea Tagine with harissa

Pad Thai shrimp, chicken or tofu (pick two), tamarind & egg (vegan option)

**Pork Morunos Skewers** smoked paprika, garlic & lemon (df, gf)

**Pork Tenderloin** lemon, rosemary & sage brown butter (gf)

Pozole chicken, pork or wild mushroom (pick one), cabbage & radish

Sole or Chicken Piccata capers & meyer lemon

Sweet Potato, Baby Turnip & Parsnip Tagine almonds & green olives (v)

**Tri Tip Steak** & chimichurri sauce (df, gf)

### SIDES

**Butternut Squash Risotto** fried sage (v)

**Couscous** almonds & brown butter(v)

**French Lentil Salad** dijon vinaigrette & goat cheese(v)

Fresh Pita Bread(vegan)

**Fried Rice** chicken, shrimp or tofu (pick one) (vegan option)

**Mujadara** lentils, rice & caramelized onions(gf, v)

Patatas Bravas & mojo verde(df, gf)

**Penne all'Arrabiata** crushed red pepper(v)

Roasted Winter Squash & dukkah (vegan)

Saffron Basmati Rice (vegan)

Salmon Croquettes & tartar sauce

Sauteed Gai Lan (Chinese Broccoli) & garlic(df, vegan)

**Sweet Potatoes** & miso butter(v)

v: vegetaran gf: gluten free df: dairy free

### SALADS & SWEETS



In-Person Events

Sit-Down, 3-hour Up to 24 guests

- Appetizer platter provided upon arrival
- Select 4 total recipes to prepare with your chef instructor
- We recommend 1 main, 1 salad, 1 side, 1 sweet

### SALADS

**Arugula Salad** roasted beets, feta, toasted almonds & sherry vinaigrette (v)

**Chicory Salad** lemon anchovy vinaigrette (df, gf)

Escarole Salad warm bacon dressing & croutons

Green Bean & Walnut Salad dijon mustard & crème fraiche (v)

**Little Gems** shaved apple, fennel, celery, local cheddar & hazelnuts (v, gf)

Mixed Greens Salad lemon vinaigrette, avocado, beets & citrus (vegan)

Romaine Salad & Buttermilk Ranch Dressing, cucumbers, celery & croutons

**Spicy Cabbage Salad** fish sauce, lime & chile (df)

Winter Greens spinach, watercress, mizuna & tapenade crostini(v)

Zuni Caesar Salad parmesan & torn croutons

### **DESSERTS**

Brown Butter Blondie & pecans (v)

**Chocolate Lava Cake** & whipped cream (v)

**Pecan Chocolate Sheet Cake** & coconut (v)

**Seasonal Fruit Crumble** & whipped cream (v)

Seasonal Fruit Galette (v)

Tarta de Santiago (gf, v)

df: dairy free gf: gluten free v: vegetarian



### SMALL PLATES

### Good for groups looking for a casual cooking mixer

- Appetizer platter provided upon arrival
- Add on Kitchen on Fire aprons for your team \$49 each
- Select 4 recipes to prepare with your chef instructor

In-Person Events

Reception Style For larger groups Up to 35 quests

**Artichoke & Parmesan Tartlets** puff-pastry (v)

Beef Bulgogi ssamjang sauce & lettuce cups (df)

Bruschetta broccolini, cannellini bean & ricotta (v, vegan option)

**Chicken Kebabs** herb yogurt sauce (gf)

Chicken Sate Potstickers (vegan option)

Escarole Salad warm bacon dressing & croutons

**French Lentil Salad** dijon vinaigrette & goat cheese (gf)

Fresh Spring Rolls peanut sauce (vegan)

Fried Rice chicken, shrimp or tofu (pick one) (vegan option)

**Gougères** (cheese puffs)

**Green Bean & Walnut Salad** dijon mustard & crème fraiche (v)

Patatas Bravas & mojo verde (df, gf)

Pork Morunos Skewers smoked paprika, garlic & lemon (df, gf)

Salmon Croquettes & tartar sauce

**Sweet Potatoes** & miso butter (v)

Thai Larb Lettuce Cups chicken, mushroom or pork (pick one), toasted rice &

lettuce leaves (df)

**Brown Butter Blondie** & pecans (v)

**Chocolate Lava Cake** & whipped cream (v)

Seasonal Fruit Galette (v)

Tarta de Santiago (qf, v)

df: dairy free gf: gluten free v: vegetarian

# **BATTLING CHEFS**

# kitchen fire

### FRIENDLY COMPETITION

- Appetizer platter provided upon arrival
- Grouped in Teams: 4 recipes total
- Teams assigned by our chefs with recipes divided evenly
- Judged by our chefs based on creativity, plating & taste

In-Person Events

Sit-Down, 3-hour Up to 24 guests

**Butternut Squash Risotto** & fried sage (v)

Couscous almonds & brown butter (V)

Chicory Salad lemon anchovy vinaigrette (df, gf)

Enchiladas chicken, pork or wild mushroom (pick one) & salsa verde

Escarole Salad warm bacon dressing & croutons

Fried Rice chicken, shrimp or tofu (pick one)(vegan option)

**Green Bean & Walnut Salad** dijon mustard & crème fraiche(v)

**Little Gems** shaved apple, fennel, celery, local cheddar & hazelnuts(gf, v)

Merguez Lamb Sausage or Chicken, Chickpea Tagine with harissa

**Penne all'Arabiata** & crushed red pepper(v)

Pork Morunos Skewers & smoked paprika, garlic & lemon (df)

Pork Tenderloin lemon, rosemary & sage brown butter (gf)

Pozole chicken, pork or wild mushroom (pick one), cabbage & radish

Roasted Winter Squash & dukkah (vegan)

Sole or Chicken Piccata capers & meyer lemon

Tri Tip Steak & chimichurri sauce (df, gf)

Winter Greens spinach, watercress, mizuna & tapenade crostini (v)

Romaine Salad with Buttermilk Ranch Dressing, cucumbers, celery & croutons

ZuniCasearSalad parmesan & torn croutons

Brown Butter Blondie & pecans (v)

Chocolate Lava Cake & whipped cream (v)

Seasonal Fruit Crumble & whipped cream (v)

Seasonal Fruit Galette (v)

df: dairy free gf: gluten free v: vegetarian

# WELLNESS (TOPICS)



#### with Lisa Miller, certified Nutritionist Consultant

Kitchen on Fire is devoted to advancing good health and general wellness. We believe in a traditional view of nutrition and wellbeing, with a focus on whole foods and healthy cooking techniques. We work with individuals as well as some of the most well-known organizations in the Bay Area providing Nutrition and Wellness Events. We create a foundation for people from diverse backgrounds to be healthy with delicious food and lifestyle habits.

We make nutrition education and healthy cooking accessible to inspire people to take their health and wellbeing into their own kitchens at home.

### TOPICS

Healthy Aging

Diabetic Living

Intermittent Fasting

Healthy Vegetarian Lifestyle

Food Choices for a Better You

Understanding Nutrition Myths

Lifestyle for Disease Prevention

- Heart Health
- Improving Degestion
- Happiness for Health
- Anti-Inflammatory Living
- Healthy Eating on the Go
- Healthy Eating on a Budget
- Revamp your Weekly Routine
- Healthy Eating in the Workplace
- Eat Well without Breaking the Bank
- Refuel and Recharge While you Sleep
- Quick and Healthy Snacks and Lunches
- Be your Best Self While Working Remote
- Sports Nutrition Eating for Active People at all Levels
- Benefits of Organics and When They are Most Important
- Reinstating Normalcy Addressing Body, Mind, Spirit via Nutrition + Lifestyle

### **WELLNESS SERVICES\***

- Nutrition Presentations
  - Add a Cooking Demo
  - Add a Hands-on Cooking Class
- Nutrition Consultations
- Corporate Health Fairs
- Menu Planning

\*In-Person and Virtual Available | Pricing varies based on format, length and menu

events@kitchenonfire.com • 510.548.2662 • Kitchen on Fire Fall/Winter 2023 Menu ©

# WELLNESS (RECIPES)



with Lisa Miller, certified Nutritionist Consultant

Connect with our nutrition team to collaborate on recipes to meet your team's health goals

In-Person Events

Sit-Down, 3-hour Up to 24 guests

### **MAINS**

Roasted Wild Cod with Sweet Potatoes, Mushrooms, Spinach, Ginger
Asian Style Chicken en Papillote with Shiitake, Bok Choy (plant-based available)
Cauliflower Coconut Chickpea Curry (option to add basil rice)
Lemon Braised Pork Tenderloins with Sweet Potato Mash (option to sub turkey)
Vegan Zucchini, Spinach, Asparagus Gratin with Cashew Cream

### **SOUPS + SMOOTHIES**

Kale, Rice, Mushroom and Lemon Soup with Turmeric

Butternut Squash Soup with Sage Butter, Turmeric, Ginger, Cardamom

Lentil, Lamb and Spinach Soup with Celery, Carrot, Onion

Beet and Berry Power Smoothie with Avocado, Basil

Spicy Healthy Heart Green Gazpacho with Apple, Celery, Parsley, Hemp Seed

### "ON THE GO" BREAKFAST + LUNCHES

Polenta in Ramekin with Apple Sausage, Pesto
Lentil Salad with Carrots, Fresh Tomato, Cumin (option to add cured meats)
Seaweed Vegetable Wrap with Tahini Sauce
Festive Seasonal Kale Salad with Quinoa, Walnuts, Flax Oil
Asparagus Mushroom Frittata with Fresh Herbs

### **SNACKS + DESSERTS**

Chocolate Coconut Avocado Mousse
Coconut Flan with Orange Zest, Dark Chocolate
Spiced Apple Pie Oat Bars with Maple Syrup

Kale Chips with Nutritional Yeast Chocolate Cranberry Oat Cookies

\*In-Person and Virtual Available | Pricing varies based on format, length and menu