

CHALLAH BREAD

Makes 1 Large Loaf

Ingredients

¼ cup	water, 85 – 100F
2 ¼ tsp	Active Dry Yeast
1 1/ auns	M:II. OF 100F
1 ¼ cups	Milk, 85 – 100F
1 ½ Tbsp	Sugar
1 ½ tsp	Salt
4 ¼ cups	All-Purpose Flour
1 large	Egg

1 large Egg

¼ lb Butter, softened

1 large Egg, whisked, for egg wash½ cup Chocolate Chips or Dried Fruit

(optional)

Equipment

- Stand mixer with dough hook
- Large prep bowl
- Plastic wrap
- Sheet tray
- Parchment paper

Directions

- 1. Dissolve yeast in warm water with a whisk.
- 2. In a stand mixer bowl, add yeast mixture, milk, and sugar. Let stand 4-5 minutes.
- 3. Add 3 cups of the flour and salt. Knead in mixer with dough hook attachment for 2-4 minutes or until dough starts to come together. Add remaining flour, 1 whole egg and butter. Knead for 8-10 minutes until smooth and elastic. Place dough into an oiled bowl, cover, and let rise to almost twice the size (1 to 1 ½ hours).
- 4. Preheat the oven to 350°.
- 5. Gently, punch down the dough. Shape into a loaf or braid. Place onto a sheet tray covered in parchment paper. Cover and let rise a second time until doubled in size (45 minutes).
- 6. If using dried fruit or chocolate, hide them in the dough to prevent them burning in the oven.
- 7. Brush the top of the loaf with egg wash. Bake for 35-45 minutes.