



KITCHEN ON FIRE

Week 12 - Cook Like a Pro!

Guidelines and Class Timing

The final Cook Like a Pro class is about:

- Confidence
- Teamwork
- Having fun!
- Learn about future class opportunities
- Turning in evaluations

New skills that you will get to use:

- Plating & Presentation
- Timing
- Working without a recipe

What will you cook?

- 2 courses; appetizer and a main course
- You will be provided with three secret ingredients chosen by KOF
- Each course will use two of the secret ingredients
- Each of the three ingredients must be used
- For each course, you will prepare an individual plate (to be judged by the chef) **and** a platter (to be enjoyed by the class)

Class format and guidelines:

- Chefs will reveal the three secret ingredients
- **10 minutes** with your team to determine your menu, the chef will help, and determine what ingredients we don't have and you need to buy
- **20 minutes** to shop for needed ingredients – Cannot exceed \$20; Cannot buy alcohol; Return with receipts and change in the envelope
- **90 minutes** to cook, clean and present your dishes on your clean table - it goes fast!
- Grab a plate and enjoy with your teammates while it's warm
- Chef will taste the small plates
- While we eat we will go group by group – the group will talk about what they made and the chef will provide tips and ideas to enhance your dish

What are we looking for?

- Presentation & Timeliness – beautiful, finished on time & served hot!
- Technique – Apply your skills: knife skills and cooking techniques
- Cleanliness & Organization – Station CLEAN when time is called
- Creativity –
 - Create a unique dish -- not one from the Basics course
 - Add some items to your dish to make it interesting; everything s/b edible
- Flavor – Good flavors, well-seasoned - don't forget to taste as you go along!
- Teamwork – Get everyone's input and assistance (beginning to end)

Planning for the class:

- Go over the guidelines
- Determine teams (signup sheet handed out in Basics 11)
- Prepare to wear an apron, smile, and have fun – we will be taking photos!