

## WALKS AND EXPLORING ON LAND

Check out the Map in this manual for the walking tracks.

**Dukes Nose** The Duke's Nose (Kairara Rocks) Track is signposted from the Lane Cove Hut and day shelter. Allow one hour return. The track follows the stream behind the hut up a fairly steep gradient to a point where chains have been installed to help you climb to the top of the Duke's Nose.

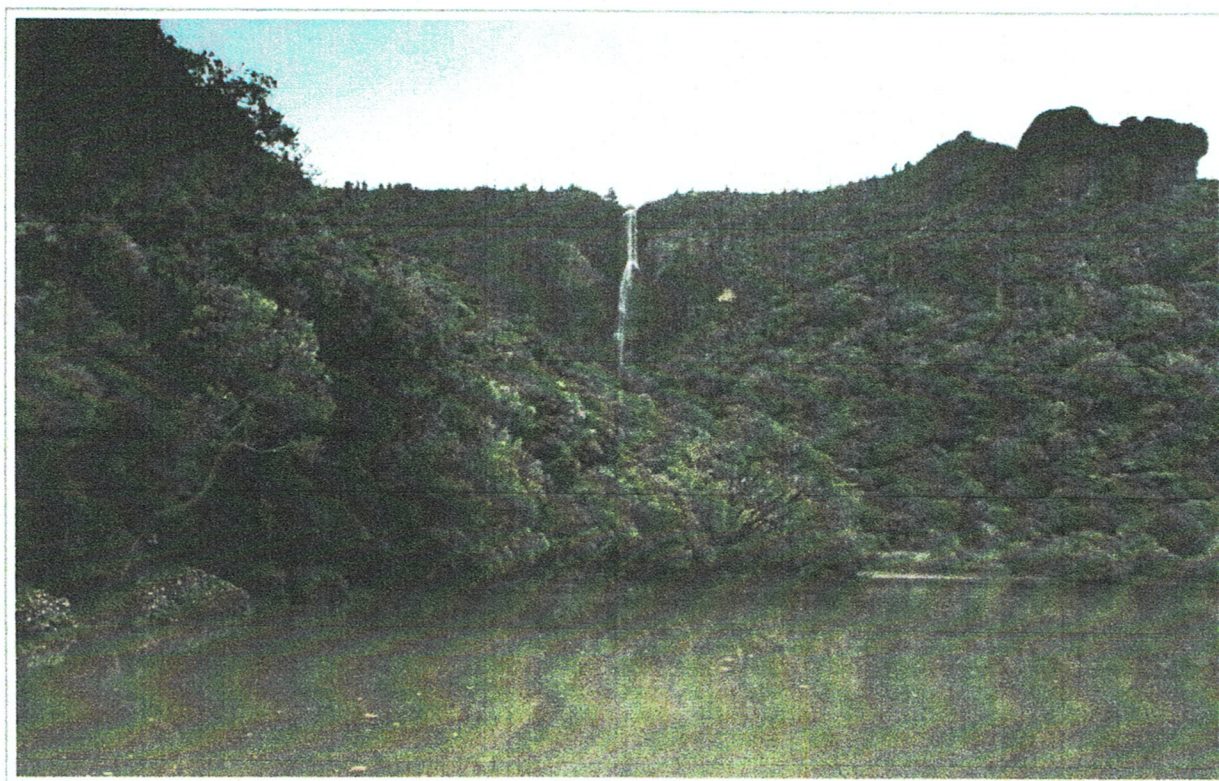
From the flat top of this ancient volcanic plug, you can take in spectacular views of the native coastal forest below, the Whangaroa Harbour and to the sea beyond. The top of Dukes Nose is a great lookout with excellent views and good photo opportunities.



**Wairakau Valley and Wairere waterfall.** Allow 2-3 hours return. Behind the DOC hut in Lane cove is the Wairakau Stream track which finishes at Totara North. It is 5.6 km. or 2 hours walking to Totara North. However the track also leads into the beautiful Wairakau Estuary and Wairakau Valley before heading up the hill to Totara North. This is a



beautiful and almost primeval valley. The waterfall dominates the outer valley. It is the tallest waterfall in the North island at about 80 meters. Look to the left of the waterfall and see if you can make out the "dog in the rock". Further on past the mangroves you enter the valley proper. There are many fine swimming holes amongst the Kikuyu flats. Alternatively enter the Wairakau Canyon by kayaks or dinghy. Don't take Maple Leaf into here as its too shallow. Kikuyu flats. Up until 1945 this was farmed. You will see the reins of the fences. This area was once a "Cricket Pitch"



*The waterfall Wairere and to the left is the dog in the rock.*

**Army Bay** On the left just as you enter the Western arm is Army Bay. This was the Naval base during World War 2. There is the remains of a wharf here and a concrete bunker. Do not enter this bunker next to the wharf as you wont be able to get out! However above the wharf on the ridge that looks to the heads is a very good bunker that you can enter. Its a 2 minutes walk from the old wharf. the track may be overgrown and not that obvious but its definitely well worth the visit and is a highlight as it has an amazing ambience and feeling for what once was. Go into the Bay in dinghy or kayaks. The beach can be difficult to land on.