



HODSON  
BAY GROUP



**FRESH THINKING**  
MEETINGS & EVENTS  
AT HODSON BAY GROUP



HODSON  
BAY HOTEL



GALWAY  
BAY HOTEL



SHERATON  
Athlone Hotel

HYATT  
CENTRIC  
HOTEL™  
THE LIBERTIES  
DUBLIN



**HODSON  
BAY GROUP**



**Unforgettable  
experiences are always  
on the agenda**

# New & Innovative Changes at Hodson Bay Group

With more people than ever working from home or hybrid, we know how important team building is when it comes to developing relationships, enhancing communication and cultivating trust amongst your team.

At Hodson Bay Group, we have examined the changing needs of our clients, and have recently introduced new and innovative Wellness Practices and Team Bonding Experiences to our Meetings & Events offering.

We look forward to sharing them with you.

**Tim Hayes**

Hodson Bay Hotel  
Managing Director

**Dan Murphy**

Galway Bay Hotel  
Managing Director

**Garrett McGuinness**

Sheraton Athlone Hotel  
Managing Director

**Declan Curtis**

Hyatt Centric Dublin  
Managing Director

## Our Hotels



**Hodson Bay Hotel**  
On the shores of Lough Ree



**Galway Bay Hotel**  
On the Wild Atlantic Way



**Sheraton Athlone Hotel**  
In the heart of Athlone Town



**Hyatt Centric Dublin**  
In Dublin's City Centre



# Let Our Team Look After Yours

At Hodson Bay Group, we have a dedicated Meeting & Events team in each hotel with years of experience and knowledge in the corporate market. They will help plan your next event from start to finish.

From Hybrid meetings to team building events, our experts will ensure everything runs smoothly so you can relax in the knowledge that your team are in safe hands.



## HYBRID MEETINGS

Hodson Bay Group has the solution to host the perfect Hybrid meeting, combining onsite meetings with remote participants using the Logitech video conferencing system.

- State-of-the-art equipment
- Sharp picture resolution using a HD 1080p camera
- Captures up to 30 frames per second
- Full duplex speakerphone
- Acoustic echo cancellation
- Noise reduction technology
- Fully compatible with Mac/PC



The Salthill Prom on Galway Bay Hotel's doorstep  
Ireland's longest seaside promenade



Yew Point Estate at Hodson Bay  
5km of trails, digital treasure hunts, yoga & more

## Contact Us Today

Hodson Bay Hotel

Galway Bay Hotel

Sheraton Athlone Hotel

Hyatt Centric Dublin

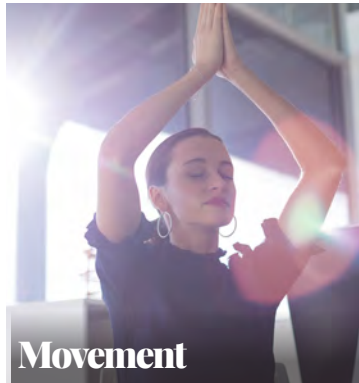
[Enquire Now](#)

[Enquire Now](#)

[Enquire Now](#)

[Enquire Now](#)

# Wellness Practices



**Movement  
Breaks**



**Fuel & Move  
Your Body Breaks**



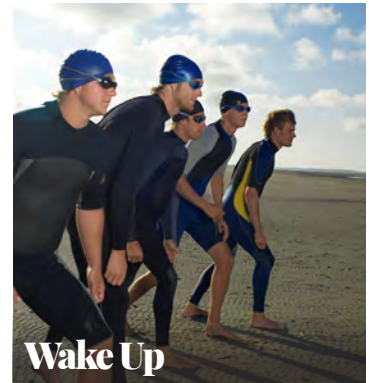
**Mindful Mornings  
Evening Unwinds**



**Make  
Your Break**



**Waterside  
Walks**



**Wake Up  
& Win**

## **Movement Breaks**

Our resident wellness coach will join your meeting and offer a 10-minute movement break at your seat.

## **Make Your Break**

For small meetings why not be a barista for a moment and learn how to make some specialty coffees with one of our in-house baristas.

## **Fuel & Move Your Body Breaks**

Choose one of our delicious healthy break offerings and join our wellness coach for an outdoor movement session before heading back into your meeting room.

## **Waterside Walks**

Take in the refreshing breeze rolling in from the water with a brisk walk along the famous **Salthill Promenade**, stroll along the **Shannon Banks**, or enjoy the lakeside loop trails at **Yew Point Estate** before returning to your meeting feeling revitalised.

## **Mindful Morning or Evening Unwind**

20/30 min outdoor yoga session. Set your intention for a successful day or wind down your mind after a busy day in the boardroom.

## **Wake Up & Win**

Join our wellness coach for a morning swim. Whether it's a refreshing dip in the bay or in one of our pools, it's sure to kick start a successful working day.



# Team Bonding Experiences



**Wildlands  
Galway**



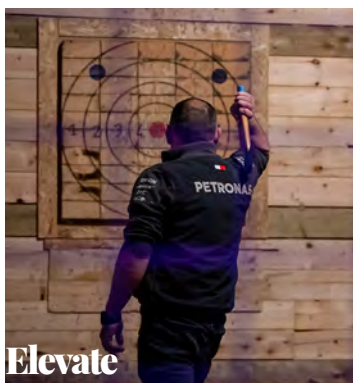
**Outdoor Digital  
Treasure Hunt**



**Teelings  
Distillery Experience**



**Tribe Gin  
School Experience**



**Elevate  
Entertainment Athlone**



**Rebel Liberties  
Walking Tour**

## Wildlands Galway

Wildlands provides an invigorating and inspiring environment for group adventures. Offering a huge array of activities such as Zip N' Trek, Challenge Rooms, a Ninja Course, Disc Golf & more.

## Tribe Gin School Experience

Visit Ireland's largest Gin School! Learn how gin is made, distil your own bottle of gin and create your own unique flavours. You will also be served unlimited G&T's to get the creative juices flowing!

## Outdoor Digital Treasure Hunt

Join **Dynamic Events** for a fun Digital Treasure Hunt at Yew Point Estate at Hodson Bay - a magnificent 140 acres peninsula of unspoiled meadowland and native woodlands surrounded by the lake.

## Elevate Entertainment Athlone

Encourage a bit of healthy competition at Elevate Athlone. From Axe Throwing and Go-Karting to Virtual Reality and Laser Tag, the fun activities will have your team feeling energised.

## Teelings Distillery Experience

Enjoy a select whiskey tasting at the Teeling Distillery in the heart of the Liberties. Their expert team will provide a fun event where your team can learn about the distilling process and sample some whiskeys.

## The Rebel Liberties' Walking Tour

Join local historian, Liz Gillis for unique walking tour of one of Dublin's oldest neighbourhoods. Discover the revolutionary history of the Liberties and learn about the 'Women of the Irish Revolution'.

Click on a hotel to discover more experiences from our team bonding partners:

[Hodson Bay Hotel](#)

[Galway Bay Hotel](#)

[Sheraton Athlone Hotel](#)

[Hyatt Centric Dublin](#)

# What else is new?



Hyatt Centric team recently awarded for their Business Environment Initiative

## Our ESG Policy

Our hotels and our teams are committed to achieving sustainable growth while taking account of our place in the community and our responsibility to the environment. Hodson Bay Group's **Environmental, Social & Governance (ESG) Policy Statement** shares our actionable commitments and the measures employed to effect further significant positive change in relation to:

- Reducing our Carbon Footprint and Operating a Sustainable Tourism Business
- Furthering Diversity, Inclusivity & Equality in our organisation and ensuring the wellbeing & development of our team members
- Contributing positively to our Community and Society
- Continuously developing strong and ethical governance procedures in our businesses

## Marriott Bonvoy & World of Hyatt

With Sheraton Athlone Hotel and Hyatt Centric Hotel being part of two of the largest global hotel chains, corporate clients are able to earn bonus points when booking meetings and events in either hotel which can be used against stays in a huge selection of hotels worldwide.



The picturesque lakeside peninsula at the Yew Point Estate at Hodson Bay



## Yew Point Estate at Hodson Bay

This magnificent 140 acres peninsula of unspoiled meadowland and native woodlands adjacent to the Hotel which is surrounded by the lake.

The land has been untouched for centuries and the utmost care has been taken during the development of the trails to ensure all the ancient woodlands and thriving local wildlife are undisturbed.





# HODSON BAY HOTEL

## HODSON BAY HOTEL

Roscommon Road, Athlone  
T + 353 (0) 90 644 2000  
[www.hodsonbayhotel.com](http://www.hodsonbayhotel.com)

Contact Us



# HYATT CENTRIC HOTEL™ THE LIBERTIES DUBLIN

## HYATT CENTRIC DUBLIN

Dean St, The Liberties, Dublin  
T + 353 (01) 708 1900  
[www.hyattcentricdublin.com](http://www.hyattcentricdublin.com)

Contact Us



# GALWAY BAY HOTEL

## GALWAY BAY HOTEL

The Promenade, Galway  
T + 353 (0) 91 520 520  
[www.galwaybayhotel.com](http://www.galwaybayhotel.com)

Contact Us



# SHERATON Athlone Hotel

## SHERATON ATHLONE HOTEL

Gleeson Street, Athlone  
T + 353 (0) 90 645 1000  
[www.sheratonathlonehotel.com](http://www.sheratonathlonehotel.com)

Contact Us