

I Eat Food Tours

CULINARY EVENTS TURIN, PIEDMONT - ITALY



About us

A VISIONARY TEAM AT YOUR SERVICE.



Cecilia and Abram, the visionary co-founders behind "I Eat Food Tours & Events." Renowned as esteemed Food Ambassadors of Turin, Italy, they lead the charge in unraveling the culinary treasures of this vibrant city.

Crafting Unforgettable Experiences: The Power of Our Unique Approach

As a team of seasoned experts, we employ a distinctive method and philosophy to curate experiences that resonate deeply. Harnessing our body, mind, soul, and heart, alongside that intangible "Something," we infuse every moment with significance.

Our extensive expertise, akin to the Himalayan peaks, has been cultivated through years of immersion in diverse fields including Travel & Hospitality, Tourism Management, Food & Beverage, Social Research, Life & Travel Coaching, and Holistic practices.

From a strategic standpoint, these facets serve as invaluable assets, enabling us to orchestrate truly one-of-a-kind events that linger in memory and leave an indelible imprint on the soul.

If your aspiration is to transcend the ordinary and cultivate moments of sheer wonder, you require a fearless team that dreams boldly, loves deeply, and labors with unwavering dedication.

Connect with us at WWW.IEATFOODTOURS.CO.UK and embark on a journey where extraordinary moments await.

Culinary Experiences in Turin

TURIN'S CULINARY TAPESTRY THROUGH IMMERSIVE GASTRONOMIC TOURS

"Ultimate Semi Private Food Tour' Journey's"

[Street Food Tour D'luxe | Turin Gourmet](#)

Discover Turin's Best Food Experience; #1 on TripAdvisor! Immerse yourself in a culinary journey curated by a food anthropologist and Michelin star trained chef. Our experience blends gourmet street food, iconic Piedmontese dishes&wine. Uncover the heart of Turin's gastronomy with our locally owned and operated experience!

[Aperitivo Affair: Turin's Wine & Fusion Cocktail Experience](#)

Join us for 'Aperitivo Affair: We invite you to indulge in an exclusive exploration of Turin's vibrant beverage culture paired with craft bites. Embark on an evening of curated cocktails, fine wines, and delightful tastes as you immerse yourself in this unique booze educational experience. Led by a Michelin-star chef, this journey seamlessly blends education with indulgence, offering a sensory adventure in the heart of Turin's culinary scene.

[Chocolate and Sweets Tour | Turin](#)

Finest chocolate and exquisite signature sweets. Discover La dolce vita in Turin from a local perspective. Genuine and memorable, this educational and interactive experience is crafted for those who want to taste the real essence of Turin through a beautiful variety of sweet flavours and no tourist spots.

"Taste the story, Savor the culture - Join us on a culinary adventure through Turin's vibrant streets."

[Groups & Corporate Tours - Turin](#)

Planning a group outing or corporate event in Turin? Our Food Tours offer unique experiences for large groups, highlighting local cuisine and fostering team spirit. Enjoy exclusive perks when you book with us. Whether it's savoring local flavors or engaging in cooking workshops, we've got it covered. Join us for an unforgettable culinary journey.

[ENQUIRE HERE](#)

#1 CULINARY TOURS IN TURIN; SHARED - PRIVATE - CORPORATE



Cooking with Chef Abram

I'D LOVE TO HOST YOUR COOKING CLASS OR PRIVATE DINING

If you're looking for a interactive cooking event to bring your team, friends or family together, get in touch.

Culinary Creations & Intimate Dining Experiences

With over 27 years of Michelin-trained expertise, I specialize in crafting bespoke culinary adventures and elevating events. From cooking classes to private dining, culinary concept creation, and food consultancy, let me bring creativity and magic to your new company's journey.

Impress clients and teams alike with new designed culinary concepts and unforgettable experiences.

Private Cooking Classes

Top Notch Cooking Classes in Turin. In these 100% hands-on Private Cooking Classes you will unlock the chef within you. Embark on a fun, effective, interactive and crazy delicious class an journey through the best flavours of Italy & beyond.

Join one of Chef Abram's Top Rated Cooking Classes in Turin and cook up some unforgettable memories along with a Michelin trained and super friendly international chef.

"Elevate your skills with Chef Abram's passion-filled classes - where every dish becomes a masterpiece."

Online Cooking Classes

Join our cooking adventure, led by an amazing chef dedicated to spicing up your skills. Get ready to dive into the joy of crafting enchanting menus.

Our interactive sessions, where you get hands-on, are all about making learning effective and packed with useful tips.

It's not just cooking; it's an experience that adds flavor to your culinary journey.

Elevate your Culinary Private or Corporate journey with Chef Abram's refined touch and unrivaled expertise.

[ENQUIRE HERE](#)

YOUR PERSONAL CHEF, CULINARY CONSULTANT & COOKING CLASS INSTRUCTOR



Cecilia's Events

EVENTS & PERSONAL TRAVEL PLANING TURIN/PIEDMONT, ITALY

"The beauty of planning is wrapped in tiny details"

Private & Corporate Events

Turn your corporate events, birthday galas, and milestone celebrations into unforgettable moments imbued with magic. Our team of creative, resourceful, and globally-minded professionals is dedicated to crafting exceptional experiences tailored to your vision.

Trust us with every detail, and let us bring your event to life with passion and devotion.

Personal Travel Planning

Experience personalized travel planning with Cecilia. Discover hidden culinary treasures in Piedmont, indulge in the region's finest food and wine, and immerse yourself in unique destinations.

Let us craft your perfect getaway, filled with memorable moments and profound experiences.

Live Cooking in a Royal Palace | Turin

Embark on a sensory journey for your palate as you delve into local flavors, uncover secret recipes, and unwind while savoring freshly crafted dishes.

We're convinced that this event promises to transport you to a bygone era, captivating you from start to finish.

Micro Wedding Advice & Planning

Seeking expert advice for your dream wedding in Italy? Let us help! Share your vision for your once-in-a-lifetime celebration, and we'll make it a reality. Picture a classic wedding by Lake Como, Orta, Garda, or Maggiore, complete with stunning mountain vistas, live music, and unforgettable festivities.

"Transforming dreams into unforgettable journeys - let Cecilia curate your next adventure with expertise and flair"

[ENQUIRE HERE](#)

I'D LOVE TO HOST YOUR EVENT OR TRAVEL IN ITALY



Who is Cecilia?

CO-OWNER, GASTRONOMIST & EXPERIENCE CREATOR



Cecilia Puca, Founder & Co-Owner "I Eat Food Tours & Events in Turin"

Specialised in Anthroposociology of Gastronomy

Dear all, welcome to my flavourful world, I'm Cecilia. I'm a creator of gastronomic experiences and a travel planner specialist, born and raised in the gorgeous city of Torino in Italy.

Self confessed spiritual junkie, with a deep holistic and creative approach to life and business, life long learner and multi passionate human being. I have always adored dialogue, meeting people from all over the world and creating significant connections and meaningful experiences with a profound emotional resonance.

While working several years first as a social researcher for the University of Turin - and then as a communication specialist for Fiat Chrysler Automobiles & Maserati - I Devoted myself in observing and studying the way people cook, eat, live and travel.

I would love to thank you for spending time reading this and can't wait to make and create some magic together.

Love & Blessings,
Cecilia xxx

Who is Abram?

CO-OWNER, PROFESSIONAL CHEF & CULINARY CONCEPT CREATOR



Abram Stringa, Founder & Co-Owner "I Eat Food Tours & Events in Turin"

Chef Abram Stringa's Journey

Hello everyone,

I'm Chef Abram Stringa, a Dutch chef with over 27 years of experience in top restaurants across the Benelux and Northern Italy. From Utrecht to Amsterdam, I've absorbed diverse cultural trends and thrived in international culinary environments.

Highlights of my career include organizing banquets for dignitaries at Amsterdam's Okura Hotel & Restaurants and collaborating with the acclaimed restaurant 'Ciel Bleu' to cater to U.S. Prime Ministers.

In 2015, I embarked on a new journey in Turin, Italy, where I joined "Farmacia Del Cambio" as head chef alongside Michelin Star Chef Matteo Baronetto. Over four years, we created innovative culinary experiences loved by patrons including Juventus players and celebrities like Stanley Tucci, who featured us in his documentary "Searching for Italy."

Here's to new beginnings and exciting culinary adventures!

Cheers 🍷

Abram

FROM THE HIDDEN GEMS OF PIEDMONT REGION TO ITS GLORIOUS CAPITAL: TURIN

What about visiting this city?

Turin, the first Italian capital, is a splendid city full of wonders. Epicenter of European culture for centuries, it will surprise you for its immense historic heritage. Charming squares, royal palaces and unique architecture make of Turin an open air museum.

Not to mention the antique, sublime, elegant and most beautiful Italian coffee & chocolate houses and some of the most famous Michelin Star Restaurants of the peninsula...



Indulge in a Royal Aperitivo on the Enchanting Piazza Carignano

Turin's Delights

Timeless royal atmosphere, historic boutique cafes, delightful chocolate, coffee, gelato and some of the most glorious treats you will ever taste in Italy.

This is the most sweet, sophisticated and irresistible face of Turin and we can't wait to share it with you.

'EAT FOOD TOURS' BESPOKE CULINARY AND CULTURAL PRIVATE & CORPORATE EVENTS



LEAVE US A MESSAGE [HERE](#) FOR MORE INFORMATION

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FOOD TOURS & EVENTS

MAYBE THE BEST MOMENTS OF YOUR LIFE... WILL BE ON YOUR NEXT BIG ADVENTURE.

- Travel & Event Design
- Bespoke Culinary & Cultural Tours
- Cooking Classes (live & virtually)
- Live Cooking Show from Turin's Royal Palace
- Travel Planning & Coaching
- Wedding Advice & Destination's

WWW.IEATFOODTOURS.CO.UK

INFO@IEATFOODTOURS.IT

PHONE: +39 347 98 17 916

Experience the culinary delights of Piedmont! See what others are saying about our events: ['EVENT REVIEWS'](#)
Join us as we uncover the regional food secrets together!

