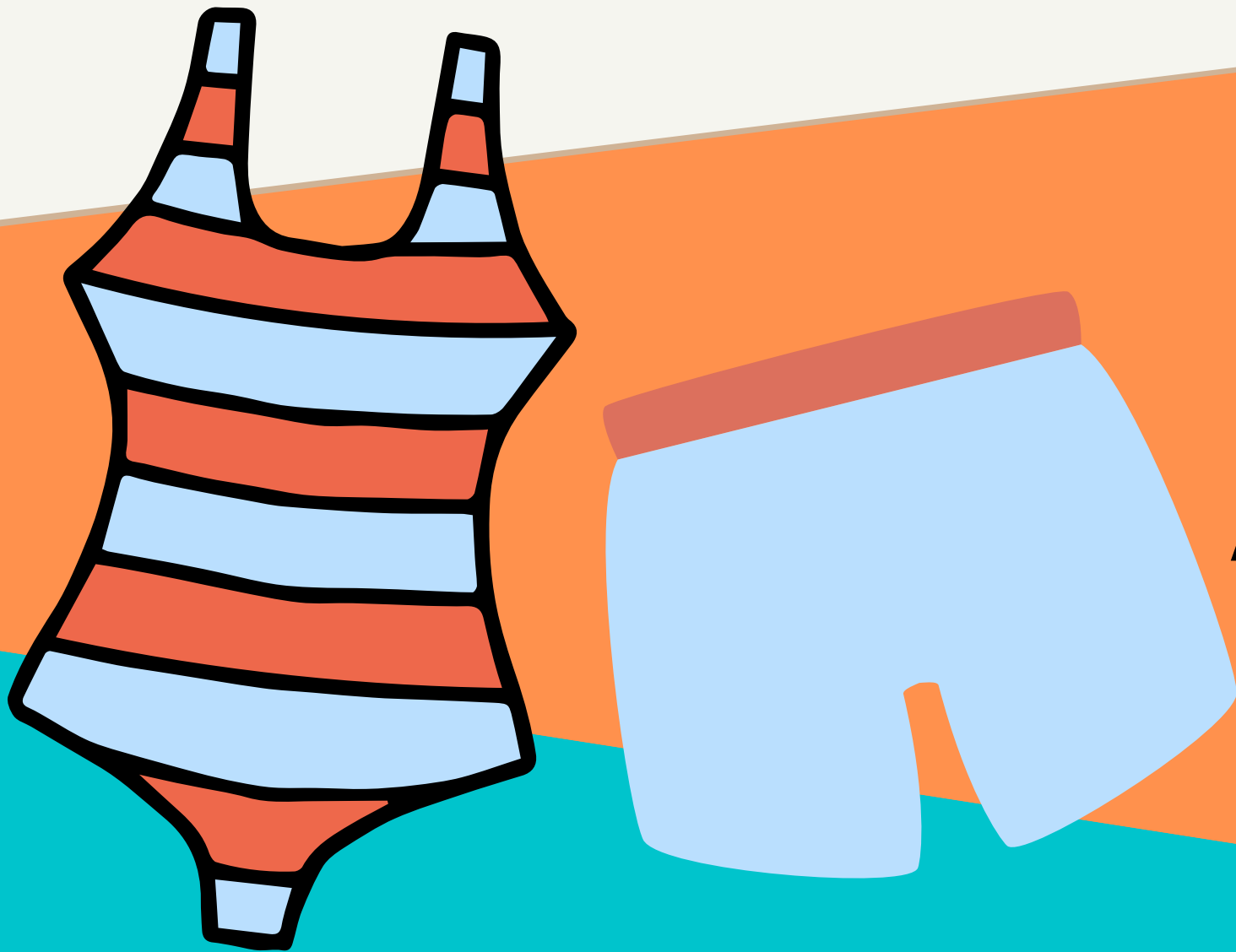


# What to bring?

For a session at Pinkston Watersports

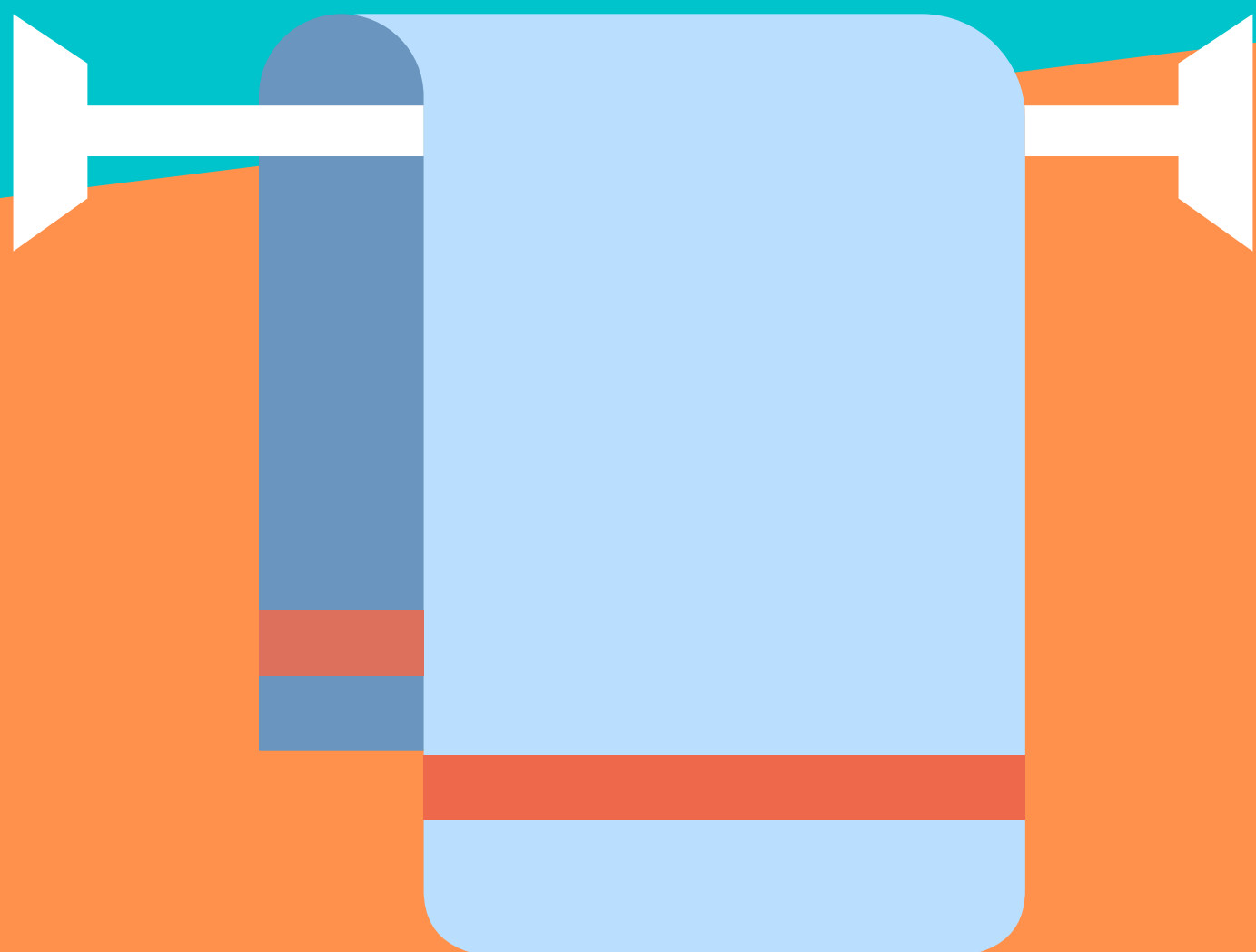


## Something to wear under a wetsuit

A swimsuit is ideal. Some people (who get cold easily) prefer to wear a thin t-shirt and/or pair of leggings too!

## A pair of old shoes

Don't bring your best pair of shoes - they WILL get wet! Something light and comfy, a pair of old trainers, is best.



## A towel to dry off

Did we mention - you WILL get wet?!