

A note from the founder of Ch! My Cod



I first visited Pico Island back in 2017, invited by friends. I have been coming back to "the black island of the Azores" as often as I can ever since and today, I can firmly say that this is my favorite island of the archipelago.

Pico is unique in the world! In the youngest island in the Azores archipelago is where some of the most singular wines are produced. Dating back to the 15th century, "a miracle" grown from lava rocks, wine was a subsistence strategy, alongside fishing and whaling. The residents of Pico, known as picarotos, structured the land in an impressive mosaic of local, irregular, weather-worn, black basalt stone walls. In the 19th century, a disease decimated the vineyards and the golden years of Pico's heroic wine came abruptly to an end. But with a mix of resilience and deep passion for their local wine, the folks of Pico reinvented themselves and focused on recuperating their historic vineyards. And so a new era for Pico, its wines, and its people began, allowing for us today to taste this incredible wine with a tremendous sense of place.

During our curated trips to Pico, we explore stories, gastronomic traditions and innovations, protected and transformed by women and men over generations.

Together with the locals, we will all become the narrators of this special island, while enjoying delicious local food and wine with a profound context. Always, in the greatest company!

This is our sample itinerary, which may be subject to slight changes according to weather conditions or your travel dates. The order of the activities listed may also switch.

We hope to experience Pico with you soon!

Silvia Olivença

HOST AND FOUNDER
OH! MY COD FOOD & CULTURAL TOURS

Tryp itiverary

ARRIVAL TO PICO

Arrival to the island, either by flight from the mainland, or by ferry from the neighboring Faial island.

Introduction to fellow travelers during welcome dinner, at one of the most celebrated typical restaurants in Madalena. Sample some of the most representative local dishes, including local blue tuna, Azores PGI beef, barnacles, and more.

DAY 2

AWE-INSPIRING SCENERY

Start the day with a walk amongst the UNESCO protected Landscape of the Pico Island Vineyard Culture.

Explore the historical town of **Lajes do Pico**, where we enjoy a **fresh fish mea**l with several local varieties not easily seen elsewhere.

Relax and swim in the incredible natural pools.

Road-trip and admire the scenery of Pico's plateaux.

Free evening to explore at your own rhythm, or simply rest.

DAY 3

FROM WHALES TO WINES

Free morning to sleep in and relax.

Whale and dolphin watching boat trip.

*Optional: fishing trip & cooking what you catch!

Learn about the **history of whale-hunting** and the local people involved in this trade, the *baleeiros*.

Sunset with an *al fresco* wine tasting with an **up-and-coming young female wine producer**.



DAY 4

DAY-TRIP TO ANOTHER ISLAND

Depending on the time of the year and weather conditions, we will travel to **Faial** or **São Jorge**, by ferry boat.

Activities in the other islands may include: wine tastings, themed meals in special locations, lunch with a local family in a remote "fajā", visit to a cheese factory, visit to a tropical fruits or coffee plantations, amongst others.

DAY 5

WINE HARVEST & FINE-DINING

Depending on the island and the time of the year, we may stay overnight at a different island. If so, we will return to Pico after lunch.

In August and September, participate in the wine harvest with the locals: grapes, great local food, and lots of laughter are guaranteed!

Fine dining dinner of 6 courses & 4 wines, at the celebrated Azores Wine Company.

DAY 6

SUN & NATURAL POOLS

Explore the area of **Lajido**, where one of our favorite natural pools is located!

Wine tasting at a local cellar, followed by traditional multi course lunch. A beautiful opportunity to try family produced wines and traditional festive dishes such as Sopas de Espírito Santo, not usually served at restaurants.

We travel onwards to **São Roque do Pico** in the north of the island, where we'll also have the change to have an invigorating swim at a natural pool.

Have an early night in, as tomorrow it's a BIG day...



DAY 7

CLIMB MOUNT PICO

Trek the biggest mountain in Portugal with an expert guide. We will pack your lunch with local products, to energize you as you go up. Enjoy marvelous views all over the island and the Atlantic ocean.

Alternatively, come **hike with us in volcanic and verdant landscapes** (suitable to all levels), and end with a refreshing dip in the ocean.

Group picnic in a natural setting, with tasting of local delicacies.

*Optional: enjoy a **massage** to recover your muscles before you enjoy a special evening.

Home-made farewell dinner prepared by your hosts! This will be a great opportunity to taste other **typical**Portuguese dishes and wines from the Portuguese mainland.

DAY8

SAY GOOD-BYE... NOR NOT!

Return home or, optionally, stay longer in Pico or any of the other Azores islands.

Officially, our Pico Experience ends here, but we are happy to give you some tips on how to travel onwards, both in the Azores and specially in the mainland, in Lisbon, where we offer other highly rated gastronomic and cultural experiences.

During our week together in Pico, before, or after, there are **additional activities** we can help arrange for you. These include (but are not limited to):

- · cooking classes
- · trip to a lava cave
- · visit to the wine museum
- · meet local artisans & see their handicrafts
- · snorkeling & diving trips
- fishing trips
- massages



THIS ITINERARY INCLUDES

- transfers upon arrival and departure
- selected accommodation
- services of two travel guides
- all activities mentioned except when marked as
- *optional
- transportation to all activities and meals listed
- 6 meals
- up to 5 wine tastings

OUR RATE DOES NOT INCLUDE

- flight and/or ferry boat to Pico Island
- visa to Portugal, when applicable
- additional stays, activities and meals beyond the dates included in this itinerary



RESERVATIONS

www.ohmycodtours.com/pico-island azoresculinarytrip@ohmycodtours.com

Please feel free to reach out to us to discuss this program, travel dates, private groups, personalized itineraries, and more. No strings attached!



