

Alpine Climbing Equipment List

It is your responsibility to show up prepared for a trip. Your actions can limit the expedition's ability to meet the objectives of the trip. Make sure all of your equipment is in good working order. If you don't have the gear, get creative! Rent and borrow the gear until you know what you want. Please do not bring cotton for insulation.

Kaf Adventures will provide all group climbing gear. It is your responsibility to bring everything that is listed below.

Optional gear is marked (o)

Camping and Personal Gear

- Sleeping bag (15°-30°)
- Sleeping pad
- Cup, bowl, spoon
- Water Bottles, with at least 2 liters of capacity (can be camelback style)
- Toiletries; with a ziploc for any waste
- Headlamp and extra batteries
- Sunscreen; SPF 30 or more
- Lip balm
- Personal medications
- Lunches & snacks
- Backpack: 40-50L capacity

Clothing

- Stretchy, comfortable softshell pants
- Long underwear top and bottom
- Mid-weight sweater/vest (fleece or wool)
- Parka or puffy style jacket (synthetic or down)
- Rain jacket with hood
- Rain pants
- Sun hat with brim
- Warm hat that covers ears
- Gloves, rappelling or leather work gloves (o)
- Boots or approach shoes (no sandals, closed toed shoes only)
- Sunglasses with good side coverage
- Wind-breaker + pant (o)
- Neck gaiter/buff

Climbing Equipment

- Helmet
- Harness
- Auto-blocking belay device (like Black Diamond ATC Guide)
- 2 pear-shaped locking carabiners
- 1 double-length (48") sewn runner
- Climbing shoes
- Chalk Bag (o)

Miscellaneous Equipment

- Whistle (o)
- Pocketknife/Leatherman
- Extra nylon cord (25-50') (o)
- Area maps and compass (o)
- Heavy duty plastic trash bags (for water-proofing) (o)
- Note pad/pencil
- Camera (o)
- Candle (o)
- Watch (o)
- Goggles (o)
- Half foam pad to stand/sit in snow (o)
- Shorts/t shirt (o)
- Extra stuff sacks (o)
- Bandana (o)
- Trekking Poles (o)