

Single Pitch Instructor Equipment List

It is your responsibility to show up prepared for a trip. Your actions can limit the expedition's ability to meet the objectives of the trip. Make sure all of your equipment is in good working order. If you don't have the gear, get creative! Rent and borrow the gear until you know what you want.

The Single Pitch Instructor course and exam require that participants bring their own equipment. It is possible to share equipment with other course members. We are more than happy to accommodate your gear needs. Please contact us with any specific needs.

PLEASE MARK ALL OF YOUR GEAR!!! Gear can be marked with colored electrical tape or with nail polish. Do not put nail polish on any of your soft goods. This may damage the overall integrity of the webbing, cord, etc.

Optional gear is marked (o)

Mandatory Climbing Equipment

- UIAA Certified Helmet
- UIAA Certified Harness
- Climbing shoes and approach shoes or sneakers - *You must be able to climb 5.8 comfortably in whatever shoes you bring. You will be spending a lot of time at the top of cliffs, scrambling over rocks so any approach shoes or sneakers need to grip well on rock.*
- UIAA dynamic climbing rope - *60m minimum length, in good condition.*
- Standard Climbing Rack - *This generally includes an assortment of wired nuts, cams, hexes, and tri-cams. Pieces should be up to date and in good condition.*
- Assorted single (24") and double length (48") sewn runners - *at least 1 48" runner*
- 10 or more non-locking carabiners
- 6 or more locking carabiners - *the more the better, some should be pear-shaped*
- Auto-blocking belay/rappel device - *Black Diamond ATC Guide, Petzl Reverso, or similar*
- Assisted braking belay device - *Petzl GriGri, Trango Cinch, or similar*
- 2 Prusik Loops - *4 feet of 5 millimeter nylon accessory cord. 2 – 4 feet of 6mm cord*
- 2 Cordelettes - *18 feet of 7 millimeter nylon accessory cord*
- 1 9.5 - 10mm 100-foot Static or Semi-Static Rope - *Used for setting up anchors and fixed lines. Two students may share one static rope. If students wish to share, they are responsible for arranging with other students prior to the course as well as notifying the instructor who you will be sharing with.*

Additional Recommended Equipment

Personal Equipment

- Backpack: 30-50L capacity (large enough to fit all gear and be hands free when hiking)
- Water Bottles, with at least 2 liters of capacity (can be camelback style)
- Toiletries; with a ziploc for any waste
- Headlamp and extra batteries
- Sunscreen; SPF 30 or more
- Lip balm
- Personal medications
- Lunches & snacks

Clothing

- Stretchy, comfortable softshell pants (windproof or resistant is recommended)
- Mid-weight sweater/vest (fleece or wool)
- Parka or puffy style jacket (synthetic or down)
- Rain jacket with hood
- Rain pants
- Sun hat with brim
- Gloves, leather work gloves (o)
- Outdoor shoes or boots (no sandals, closed toed shoes only)
- Sunglasses
- Wind-breaker + pant (o)
- Neck gaiter/buff

Miscellaneous Equipment

- Note pad/pencil
- Camera (o)
- Candle (o)
- Watch (o)
- Goggles (o)
- Half foam pad to sit on (o)
- Shorts/t shirt (o)
- Extra stuff sacks (o)
- Bandana (o)
- Trekking Poles (o)