




Personal Care Services
Attachment G
Issued April 22, 2020
Effective April 24, 2020

By: Governor Mike Dunleavy 
Commissioner Adam Crum  Alaska Department of Health and Social Services
Dr. Anne Zink  Chief Medical Officer, State of Alaska

- I. Applicability:** This section applies to personal care services including, but not limited to, the following business types:
- i. Hair salons;
 - ii. Day spas and esthetics locations;
 - iii. Nail salons;
 - iv. Barber shops;
 - v. Tattoo shops;
 - vi. Body piercing locations;
 - vii. Tanning facilities;
 - viii. Rolwing;
 - ix. Reiki;
 - x. Lactation consultants;
 - xi. Acupressure.
 - xii. Personal Care Services can resume if they meet all of the following requirements:
 - a. Compliance with Licensing and Board Direction: Nothing in this mandate or any attachment shall be construed to waive any existing statutory, regulatory, or licensing requirements applicable to providers or businesses operating under this attachment. Service providers should consult their licensing board for additional direction on standards for providing services.
 - b. Social Distancing:
 - i. Reservations only. Walk-ins prohibited.
 - ii. No person is allowed to stay in waiting areas. Waiting areas should not have any magazines, portfolios, or catalogues. No beverage service can be provided.
 - iii. Only the customer receiving the service may enter the shop, except for a parent or guardian accompanying a minor or a guardian ad litem or someone with legal power of attorney accompanying an individual with disabilities. Drivers, friends, and relatives cannot enter the business.
 - iv. Limit of one customer per staff person performing personal care services.
 - v. No more than ten people should be in the shop at a time, including staff and clients.
 - vi. Customers must receive pre-visit telephonic consultation to screen for symptoms consistent with COVID-19, recent travel, and exposure to people with suspected or confirmed COVID-19.
 - vii. No more than 20 customers, or 25 percent maximum building occupancy as required by law (whichever is smaller) at any one time;
 - viii. Social distancing of at least six feet between customer-employee pairs.

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- ix. Workstations must be greater than six feet apart to ensure minimum social distancing is maintained.
 - x. Establish a COVID-19 Mitigation Plan addressing the practices and protocols to protect staff and the public.
 - xi. Entryway signage notifying the public of the business's COVID-19 Mitigation Plan and stating clearly that any person with symptoms consistent with COVID-19 may not enter the premises.
- c. Hygiene Protocols:
- i. Hand-washing or sanitizer shall be provided at customer entrance.
 - ii. Service providers must wear surgical masks, at a minimum. Cloth face coverings do not provide sufficient protection given the close proximity of individuals.
 - iii. Customers must wear cloth face coverings and wash or sanitize hands upon arrival. Face coverings worn by customers may be removed for a short time when necessary to perform services, but must be worn at all other times, including when entering and exiting of the shop.
 - iv. Employees must wash their hands frequently, including before and after each client, using an adequate supply of hot water with soap.
 - v. An adequate supply of disinfectant, hand sanitizer, and paper towels must be available.
 - vi. Owners/employees must clean and disinfect frequently touched surfaces periodically throughout the day at least every four hours. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
 - vii. Business must have a designated employee on-site responsible for monitoring and following all sanitation protocols.
 - viii. Workstations, chairs, tools, shampoo bowls, and anything within six feet of seat must be cleaned and disinfected after each patron. In addition, hourly touch-point sanitation must occur.
 - ix. Visibly dirty surfaces must be cleaned immediately. Use detergent or soap and water prior to disinfection. Then, use a disinfectant. Most common EPA-registered household disinfectants will work.
 - x. Aprons must be worn by licensed practitioners and changed between each patron. Aprons must be cleaned and disinfected before re-using.
 - xi. Customer capes are single use only or need to be cleaned and disinfected before re-using.
 - xii. Any sanitation protocols required in state licensing statutes or regulations that are more stringent than those listed in this mandate must be followed.
- d. Staffing/Operations:
- i. The shop owner is responsible for supplying personal protective equipment and sanitation supplies to its employees or contractors, including masks and disposable gloves.

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- ii. Salons/Barber Shops:
 - 1. All hairdressers and barbers must be stocked with proper disinfectant, such as marvicide, bleach, and hand sanitizer.
 - 2. All tools must be kept in closed containers and labeled properly.
 - 3. Masks must be worn at all times by hairdressers or barbers.
 - iii. Esthetician:
 - 1. Gloves and masks required before client arrival until after client clean-up. No services that require removal of mask can be provided.
 - iv. Manicurist:
 - 1. Gloves and masks required before client arrives until after client clean-up.
 - v. Provide training for employees regarding these requirements and the COVID-19 Mitigation Plan.
 - vi. Conduct pre-shift screening and maintain staff screening log.
 - vii. No employee displaying symptoms of COVID-19 will provide services to customers – symptomatic or ill employees may not report to work;
 - viii. No employee may report to the work site within 72 hours of exhibiting a fever.
 - ix. Employer must establish a plan for employees getting ill and a return to work plan following CDC guidance, which can be found here.
- e. Cleaning and Disinfecting:
- i. Cleaning and disinfecting must be conducted in compliance with CDC protocols weekly or, in lieu of performing the CDC cleaning and disinfecting, the business may shut down for a period of at least 72 consecutive hours per week to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
 - ii. When an active employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting must be performed as soon after the confirmation of a positive test as practical. In lieu of performing CDC cleaning and disinfecting, businesses may shut down for a period of at least 72 consecutive hours to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
 - iii. CDC protocols can be found here and here.

- II. Personal Care businesses are encouraged to follow additional best practices:**
- a. Cashless and receiptless transactions.
 - b. Customers enter and exit through different entries using one-way traffic, where possible.
 - c. Reserved hours for operation limited to high-risk populations.
 - d. A manager or shop owner should be on-site during business hours at all times.