



Blueberry Salad

This recipe is a great way to make a quick and easy summer salad. We recommend using Louisiana Blueberries!

Ingredients

1/4 c. blueberries
1/16 c. red onion sliced thin
To taste red wine vinegar
To taste olive oil
1/4 c. fresh young Camembert sliced thin/ lightly crumbled
As needed Fresh mixed greens
To taste sea salt
To taste freshly cracked black pepper

Place the blueberries in a bowl with red onions.
Using a spoon lightly mash the blueberries just until they lose some of their juice.
Lightly salt the blueberries
Add a dash of red wine vinegar to create a note of acidity.
In a separate bowl place greens.
Lightly oil the side of the bowl, we do this so the greens do not become over dressed or mushy.
Carefully work the greens around the edge of the bowl to dress.
Place the greens on a plate
Use a spoon to dress the greens with the blueberries, onions and natural juice,
place shave Camembert as desired.