

# BREAKFAST MENU

## WATERMANS CAFE



We support organic, natural, no GMO's and free-range, grass-fed farming on 90% of our menu items.

### **Breakfast Burrito** **\$11.00**

2 eggs, roasted potatoes, cheddar cheese in a flour tortilla, served w/salsa on the side.

- BACON JAM - house made bacon jam
- VEGETARIAN - spinach and avocado

### **Ask For The Burrito in a Bowl** **\$11.00**

### **Breakfast Sandwich** **\$8.00**

egg, cheddar cheese, english muffin

- THE CLASSIC - all natural sausage
- HAM & PESTO - Ham, pesto
- VEGETARIAN - spinach, avocado
- KIDDO - just egg and cheese

**\$7.00**

### **PALEO bowl** **\$11.00**

spinach, cauliflower rice, roasted potatoes, egg, chicken sausage, pumpkin seeds, shredded carrot sriracha aioli.

### **Avocado Toast** **\$8.00**

avocado, olive oil, red pepper flake served on gluten-Free SRSLY sourdough

### **Nutela Strawberry toast** **\$8.00**

nutela and strawberry served on SRSLY gluten Free bread

### **Belgian Waffle** **\$10.00**

### **Gluten Free Waffle** **\$11.00**

with seasonal fruits, Nutella or maple syrup (served from 9am until 11am)

### **ACAI Bowl** **\$11.00**

Acai, Guarana, banana, house-made granola, pumpkin seeds, chocolate chips, shredded coconut, seasonal fruits

### **Yogurt Parfait** **\$8.00**

greek yogurt, seasonal fruits, house-made granola

### **Smoothie** **\$6.00**

Mix berries (strawberry, raspberry, blueberry, blackberry) bananas, orange juice

## LUNCH MENU WATERMANS CAFE



*We support organic, natural, no GMO's, free-range, grass-fed farming, on 90% of our menu items.*

### **Hot Panini Sandwich** **\$12.00**

*sandwich made with a focaccia bread served warmed by grilling on a panini press.*

- TBC - turkey, bacon jam, cheddar cheese, sriracha aioli
- PESTO - turkey, sheep milk Romano cheese, pesto
- HAM, APPLE AND CHEDDAR - with dijon mustard

### **Grilled Cheese** **\$8.00**

### **SRSLY gluten-free sourdough bread** **\$1.50**

### **WRAPS** **\$12.00**

*organic wrap, organic Romain lettuce*

- CAESAR - turkey, bacon, sheep milk Romano cheese, caesar dressing.
- T-BIRD - turkey, cheddar cheese, dijon mustard, house-made cran-chai jam.
- ITALIAN - ham, salami, sheep milk Romano cheese, peperroncini relish, Italian dressing.
- VEGGIE - avocado, carrots, spinach, bell pepper & cheddar cheese, Italian dressing.

### **Salad** **\$12.00**

*Make any of the above wraps as a salad  
Caesar, T-Bird, Italian and Veggie*

### **Cheese Quesadilla**

*flour tortilla, cheese, w/salsa on the side* **\$8.00**

### **EXTRA - A LA CARTE**

**Thomas English Muffin w/Butter** **\$3.00**

**SRSLY Gluten free Bread w/Butter** **\$4.00**

**Avocado** **\$2.00**

**Egg** **\$3.00**

**Meat** **\$3.00**

*Diestel turkey or ham, all natural chicken sausage, pork sausage, bacon, house-made bacon jam.*

*90% of our menu is organic, natural, no GMO's, free-range, grass-fed, no nitrate.*

**COFFEE MENU**  
**WATERMANS CAFE**



**ALPEN SIERRA**  
ORGANIC - Locally Roasted

	<b>small</b>	<b>medium</b>	<b>large</b>
Drip Coffee	\$3.00	\$3.25	\$3.50
Americano	\$3.25	\$3.50	\$3.75
Latte	\$4.25	\$4.75	\$5.25
Mocha or White mocha	\$4.75	\$5.25	\$5.75
Cafe au Lait	\$3.50	\$4.00	\$4.50
Espresso	\$3.00		
Espresso Macchiato	\$3.50	w/a dash of milk foam	
Espresso Con Panna	\$3.50	w/ whipped cream	
Espresso Cappuccino	\$4.00	w/milk & foam	

*\*All our coffee are made with a double shot of espresso*

House-made almond milk \$0.50

**HOUSE SPECIALS**

	<b>small</b>	<b>medium</b>	<b>large</b>
<b>KETO Coffee</b>	<b>\$5.00</b>	<b>\$5.50</b>	<b>\$6.00</b>
<i>drip coffee, grass-fed butter, MTC OIL</i>			
<b>MATCHA Latte</b>	<b>\$4.50</b>	<b>\$5.00</b>	<b>\$5.50</b>
<i>Organic Japanese matcha with sweetened with monk fruit</i>			
<b>CHAI Latte</b>	<b>\$4.25</b>	<b>\$4.75</b>	<b>\$5.25</b>
<i>David Rio signature Matcha Chai</i>			
<b>GOLDEN MILK LATTE</b>	<b>\$5.25</b>	<b>\$5.50</b>	<b>\$6.25</b>
<i>Espresso &amp; Laird's superfood turmeric creamer</i>			
<b>Mushroom MACA MOCHA</b>	<b>\$5.75</b>	<b>\$6.25</b>	<b>\$6.75</b>
<i>Espresso, Cacao, maca, Laird superfood mushroom creamer</i>			
<b>Hot chocolate</b>	<b>\$3.50</b>	<b>\$4.00</b>	<b>\$4.50</b>
<i>House Made with Organic Cacao, Organic Sugar</i>			

**ON TAP**



**PACIFIC CREST COFFEE**  
*Locally roasted meticulously in small batches*

**NITRO Cold Brew** **\$4.65**



**TAHOE TEAS**

*Locally crafted by a local family*

**Loose Leaf Organic Teas**

**\$3.25**

**TAHOE BALANCE**

*organic Green Rooibos, organic hibiscus, organic rose-hips, organic passion flower, organic orange peel, organic lemon peel, organic calendula*

**TAHOE BLUE**

*organic Oolong tea, organic blueberries & organic elderberries*

**TAHOE GREEN**

*organic green tea, organic lemon grass, organic lemon peel, organic apricot*

**TAHOE BLISS**

*Organic chamomile, organic lemongrass, organic orange peel, organic apple, organic rose-hips, organic strawberry & organic stevia leaf*

**TAHOE LOCAL**

*organic yerba mate, organic gotu kola, organic ginkgo biloba, organic damiana, organic spearmint & organic lemon peel*

**TAHOE BLACK**

*organic black tea*

**LONDON FOG**

*Your choice of tea with steamed milk and vanilla syrup*