



# ANIK WILD

LONG LIFE ATHLETE, CEO OF  
TAHOP WATERMAN, COACH,  
WIFE & MAMA

[www.AnikWild.com](http://www.AnikWild.com)

## PROFILE

2010 - now

### TAHOE WATERMAN

- Co-Founder, Co-Owner and CEO

2011 - now

### LAKE TAHOE WATERMAN ASSOCIATION

- Co-Founder and Director
- Coach at Team Tahoe Waterman

2017 - now

### HEALTH/LIFE COACH & FITNESS TRAINER

- 25 years of coaching experience
- Leading/coaching women's retreat

1980 - now

### COMPETITIVE PADDLER

- Paddling Sprint Canoe-Kayak in my youth.
- Today Paddling SUP, Outrigger Canoe, Prone Paddleboard and Waterman Events

## PROFILE

Just 10 months away from qualifying for the 2010 Olympics, Anik was forced into retirement after suffering her ninth traumatic brain injury. Instead of letting this end her athletic career, Anik used her experience to rewrite her future.

As someone who was always dedicated to befriending her competition and pushing them to do their best, she is passionate about guiding and inspiring women to pursue their goals and find their inner athlete while maintaining their values and life balance. Beyond her roles as coach and mentor, An athlete at heart, Anik maintains an athletic lifestyle as a paddling athlete and she is dedicated wife and mother who believes in the power of nutrition, essential oils and living simply, with a minimalistic approach to life. She adopted the same philosophy as a leader and CEO of the Tahoe Waterman corporation.

## CAREER BEST

Anik Wild is a competitive paddler and former competitive Alpine ski racer. She is an ESPN X Games Skier-X gold medalist, was ranked among the top 10 skicross and freeski athletes in the world, Canadian national champion in both skicross and Alpine discipline. Anik is also a multiple-time Canadian sprint canoe-kayak champion. Her competitiveness is still strong and she has taken her athletic skills into paddling and has dominated the open class for the last two years at the Pacific Paddle Games and has won numerous races all over northern California.

## HOBBIES



TRAVEL



FAMILY



ESSENTIAL OILS