



How to make...

BATH-BOMBS

INGREDIENTS

- 30ml citric acid
- 30ml epsom salt
- 60ml baking soda
- 2 drops essential oil
- 2 drops food colouring
- 1/4 tsp olive oil

DIRECTIONS

Mix all of your dry ingredients together in a mixing bowl. Mix all of your wet ingredients into a shot glass. Pour your wet ingredients into your dry ingredients and mix immediately with a fork. When the ingredients can't mix any further using the fork begin to use your hands. The mixture should begin to feel like damp sand. You should be able to make a ball in your hand with it. If your mix is too dry use a spray bottle and add one squirt at a time until it's the right consistency. Also if you find the colour is too light add one drop of food colouring at a time to the mixture and begin mixing with a fork and then your hands once again. (It is usually best to spray a squirt of water on top of the drop of food colouring.) Once your mixture is the right colour and consistency begin to put it into your mould and pack it into place. Let them dry for 1 hour and they are ready to use!

BONUS!

Make more than one colour and layer your moulds for fun designs. Or add bath safe glitter or toy figurines to your bath-bombs for extra fun.