



SNACK BAR PRICES

Note: Please refer to item package for additional nutrition information

| Meal Menu Item | Calories / Fat Calories | Price |
|-------------------------|---------------------------------|--------|
| Hamburger 1/4 lb. | 209 Calories / 137 Fat Calories | \$5.75 |
| Cheeseburger 1/4 lb | 400 Calories / 206 Fat Calories | \$5.75 |
| Hot Dog | 169 Calories / 138 Fat Calories | \$3.25 |
| Cheese Nachos | 346 Calories / 161 Fat calories | \$5.00 |
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| Beers | Calories | Prices |
| Domestic Beers | 145 – LITE 90 | \$3.25 |
| Imported Beers | 160 | \$3.75 |
| Cayman Jack | 193 | \$3.50 |
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| Drinks and Water | Calories | Price |
| 20oz Blue Cup | 195 – Diet 0 | \$2.50 |
| 20oz Refill | 195 | \$1.00 |
| Bottle Water 16.9 | 0 | \$2.50 |
| Fruit Juice 10oz | 70-150 | \$1.50 |
| Coffee | 0 | \$2.00 |
| Refillable Water Bottle | 0 | \$3.00 |
| Bag of Ice | 0 | \$3.50 |
| Ice Cream, Candy, Chips | Calories | Price |
| Ice cream cone | 260 | \$2.00 |
| Frozen Pop | 25 | \$1.00 |
| Candy | 250 -320 | \$2.00 |
| Chips and cookies | 160-280 | \$1.50 |
| Muffins and Honey Buns | 220-340 | \$2.00 |
| Beef jerky and Pickle | 0 | \$1.50 |
| Popcorn | 125-175 | \$2.75 |
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Healthy Menu Options at Ship Island Snack Bar

| Menu Item | Size | Calories / Fat Calories | Price |
|---------------------|-----------|-------------------------|--------|
| Fruit Bowl | 3.75oz | 80 | \$2.00 |
| Grill Chicken Wrap | 1 serving | 340 / 63 | \$6.25 |
| Chicken Noodle Soup | 2.5oz | 120 | \$2.25 |
| Protein Shake | 11oz | 90 / 2 | \$4.00 |

Island Beach Merchandise



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|----------------------------------|----------------|----------------------------------|------------------|
| <u>2 Chairs & 1 Umbrella</u> | <u>\$25.00</u> | <u>Inner Tube</u> | <u>\$6.00</u> |
| <u>Air Mattress</u> | <u>\$7.00</u> | <u>Lady's Bucket Hat</u> | <u>\$15.00</u> |
| <u>Arm Floats</u> | <u>\$2.00</u> | <u>Large Bucket</u> | <u>\$6.00</u> |
| <u>Bag of Ice</u> | <u>\$3.25</u> | <u>Lighter</u> | <u>\$1.00</u> |
| <u>Batteries AA/AAA</u> | <u>\$3.00</u> | <u>Lip Balm</u> | <u>\$2.25</u> |
| <u>Batteries C</u> | <u>\$4.00</u> | <u>Motrin (2 tablets)</u> | <u>\$2.00</u> |
| <u>Batteries D</u> | <u>\$4.00</u> | <u>Net</u> | <u>\$7.00</u> |
| <u>Beach Ball</u> | <u>\$2.00</u> | <u>Post card</u> | <u>\$0.50</u> |
| <u>Blue Cup 20 oz.</u> | <u>\$2.00</u> | <u>Rain Poncho</u> | <u>\$3.00</u> |
| <u>Boogie Board</u> | <u>\$10.00</u> | <u>Scuba Mask</u> | <u>\$10.00</u> |
| <u>Bucket Hat</u> | <u>\$18.00</u> | <u>Small Bucket</u> | <u>\$2.00</u> |
| <u>Bug Repellent</u> | <u>\$8.00</u> | <u>Small Cooler</u> | <u>\$9.00</u> |
| <u>Camera</u> | <u>\$10.00</u> | <u>Snorkel</u> | <u>\$5.00</u> |
| <u>Baseball Cap</u> | <u>\$15.00</u> | <u>Snorkel/Mask</u> | <u>\$14.00</u> |
| <u>Child's Hat</u> | <u>\$12.00</u> | <u>Soap - small bar</u> | <u>\$1.00</u> |
| <u>Comb</u> | <u>\$1.50</u> | <u>Souvenir Water Bottle</u> | <u>\$3.00</u> |
| <u>Dramamine (2 tablets)</u> | <u>\$2.00</u> | <u>Straw Hat</u> | <u>\$15.00</u> |
| <u>Drink Huggers</u> | <u>\$2.00</u> | <u>Sun Block</u> | <u>\$8.00</u> |
| <u>Flip Flops</u> | <u>\$5.00</u> | <u>Sun Block Spray</u> | <u>\$13.00</u> |
| <u>Football</u> | <u>\$6.00</u> | <u>Sunglasses</u> | <u>\$20.00</u> |
| <u>Frisbee</u> | <u>\$6.00</u> | <u>Swimsuit - Lady's</u> | <u>\$30.00</u> |
| <u>Goggles</u> | <u>\$7.00</u> | <u>Swimsuit - Men's</u> | <u>\$25.00</u> |
| <u>Hair Band</u> | <u>\$0.50</u> | <u>T-Shirt</u> | <u>\$10-\$18</u> |
| | | <u>27x50 Towel</u> | <u>\$10.00</u> |
| | | <u>Tylenol/Advil (2 tablets)</u> | <u>\$2.00</u> |
| | | <u>Visor</u> | <u>\$12.00</u> |
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