

# ECO-ADVENTURE GUIDE

## TOUR PREP | MAP & DIRECTIONS



## AERIAL ADVENTURE PARK

Come soar through the forest and explore the wilds of central Tennessee from a treetop perspective. Nestled in a mature stand of oaks, hickory, and pines overlooking scenic Fall Creek Falls Lake, the aerial adventure park consists of over 70 suspended obstacles certain to quicken your pulse and test your resolve.

The Aerial Adventure Park is a 2.5-hour self-guided experience. Following outfitting and thorough instruction at Ground School, participants may select from six different routes ranging from easy to extreme. Supervised and encouraged from below by certified guides, participants maneuver through the course connected to a flexible lifeline system that uses smart-belay technology to ensure 100% connectivity.

Whether you are interested in learning about the local wildlife or just acting like it, Canopy Challenge Course Fall Creek Falls has something for the adventurer in you. Take your time and enjoy the scenery or challenge yourself to complete all of the elements on the course and rule the woods!

## ABOUT FALL CREEK FALLS

Canopy Challenge Course Fall Creek Falls is located at Fall Creek Falls State Park, Tennessee's largest and most visited state park. The park encompasses more than 26,000 acres sprawled across the eastern top of the rugged Cumberland Plateau. Laced with cascades, gorges, waterfalls, streams and lush stands of virgin hardwood timber, the park beckons those who enjoy nature at her finest. Fall Creek Falls, at 256 feet, is one of the highest waterfalls in the eastern United States. Other waterfalls within the park include Piney Falls, Cane Creek Falls and Cane Creek Cascades.

The park boasts scenic day hikes, multi-day backpacking trails, mountain biking, horseback riding, paddle sports, a nature center, and more. Fall Creek Falls features 30 cabins and 222 campsites. For more information or to book accommodations, visit [tnstateparks.com](http://tnstateparks.com).

The following trip preparation guide includes all the information you need to prepare for your aerial adventure park experience. We recommend that each participant (and/or parent or guardian in the case of minors) read and understand this guide prior to arriving at Canopy Challenge Course Fall Creek Falls, including what to expect and what to bring for your aerial adventure. If you have questions or concerns, please do not hesitate to contact us at (615) 499-5779.



**CANOPY CHALLENGE COURSE**  
AT FALL CREEK FALLS

FOR MORE INFORMATION | [www.cccfcf.com](http://www.cccfcf.com) |

(615) 499-5779 office | [reservations.cccfcf@gmail.com](mailto:reservations.cccfcf@gmail.com)

1997 Village Camp Rd, Spencer, TN 38585 | GPS: 35.657861, -85.358285

## CANOPY CHALLENGE COURSE AT FALL CREEK FALLS

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## TICKETS & PAYMENT INFO

### TICKET PRICES

**\$39<sup>99</sup>**  
plus taxes and fees

**General Admission – Full Course Access**  
Ages: 8 and older; must meet requirements

**\$19<sup>99</sup>**  
plus taxes and fees

**Junior Course – Access Limited**  
Yellow Course and Climbing Adventure Only  
Ages: 4-8 (must be accompanied by an adult)

### GROUP RATES

Receive an additional 5% OFF per person when you book a group of 4 or more people and pay in one transaction. Receive 10% OFF when you book a group of 8 or more and pay in one transaction. Not valid with other promotions. Groups of 16 or more are encouraged to call (615) 499-5779 for more information.

### FAMILY RATES

Receive up to an additional 40% OFF ticket price (depending on family size), when you book with your family of up to 7 and pay in one transaction. **To qualify, all parties must reside at the same legal address.** Not valid with other promotions. Families are encouraged to call (615) 499-5779 for more information, restrictions and pricing.

### PAYMENT

Tickets can be purchased online at [ccfcf.com](http://ccfcf.com), by calling (615) 499-5779, or at our ticket counter. **Advance reservations are highly recommended.**

Payment can be made by cash, Visa, Mastercard, Discover or American Express. Checks are acceptable so long as they are received with adequate time for all funds to clear prior to delivery of the program.

For individuals and groups of less than 16 participants, payment is due at the time of booking. For groups of 16 or more participants, a deposit of 50% is required at the time of booking. The remaining balance is due prior to the start of the program. For groups of 50 or more, a more detailed payment schedule may be required.

Guides working at our Aerial Adventure Park generate a fair portion of their pay from gratuities. Please, if you enjoy your ride, tip your guide.

## CANCELLATION POLICY

When you purchase tickets or book a tour, you are arranging for a program that requires us to reserve course space and equipment and to hire and train guides and support staff. When you cancel or reschedule, we often incur the same costs and may have turned other people away. For this reason, we require a 72 hour notice for cancellations or rescheduling for groups of less than 8 and more than 7 days notice for cancellation or rescheduling for groups of 8 or more.

Reservations that are canceled reservation for any reason with more than 72-hour notice will receive a full refund less a 5% non-refundable booking deposit. Participants may make one date change outside of the cancellation period without fee. No refund will be provided with less than 72-hour notice. **Any change for groups of 8 or more, will require more than 7 days notice** and any cancellation will receive a full refund less a 10% non refundable booking deposit. No refund will be provided with less than 7 days notice.

Participants should carefully review all program requirements and restrictions prior to booking. In booking, group leaders and all participants acknowledge that the final screening process will take place on-site upon arrival. Guides are authorized to deny any guest participation if they fail to meet any of the participation requirements or if it is deemed they might pose a risk to themselves, other members of the group, or our staff. No refunds will be issued if participants are denied access to the course for failure to meet screening or participation requirements (including weight limits), choose to depart the course early, or are removed from the course for their inability to follow guide instructions or to participate safely.

## BAD WEATHER POLICY

We operate rain or shine. Rarely must programs be cancelled due to inclement weather. During periods of electrical storms or high winds, we will first delay the program start and only cancel as a last option. In the event that we must cancel a program, we will provide you the option to reschedule or receive a full/ prorated refund (depending on the amount of time left on your ticket). If you have questions about the weather, please call. We will only call you if we know the program you are scheduled on will definitely need to be cancelled or rescheduled.

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## PROGRAM PREPARATION

**Programs begin promptly at the scheduled time.** We require guest to arrive 15-30 minutes prior to your scheduled departure time. Arriving late could result in your tour tickets being voided. **NO REFUNDS OR RESCHEDULES WILL BE GIVEN FOR LATE ARRIVES.**

Guests who arrive properly prepared stand to gain the most from their participation in an aerial adventure. Prior to accessing the course, each group member must read, understand, and agree to the Participant Agreement by signature. A parent or court-appointed, legal guardian must sign for minors.

Copies of these forms, along with video, photos, and descriptions of our programs are available at our website at [www.cccfcf.com](http://www.cccfcf.com).

## PARTICIPANT REQUIREMENTS & PROGRAM RESTRICTIONS

The adventure programs at Canopy Challenge Course Fall Creek Falls are designed for participants in moderate to good health with average to good mobility. Due to the physical nature of the activity some restrictions and requirements apply:

### AERIAL ADVENTURE PARK AND CLIMBING

The aerial adventure park and climbing adventures require participants to step, balance, jump, swing, and pull themselves up or along elements. Participants engaging in these activities should be prepared for a physical challenge.

### AGE & SUPERVISION REQUIREMENTS

- All minors must be supervised by an adult while in the Aerial Adventure Park



- Ages 4 – 7 must be accompanied on a one-to-one basis by a *participating* adult and are limited to the Yellow Course and Climbing Adventure

- Ages 12 and under must be accompanied by a *participating* adult
- One participating adult may accompany either one child who cannot reach the minimum height or who is less than 8 years or age, or two children aged 8-12 years who can reach 66 inches standing flat-footed
- Children ages 13-17 who can reach 66 inches standing flat footed and act independently may use the course without a participating adult, but must be supervised by an adult at all times

### HEIGHT & WEIGHT REQUIREMENTS

- Weight: 40-275 lbs.; must fit properly into the harness and other protective equipment
- Minimum Height: 54 inches standing with both feet flat on the ground to access full course



### GROUND SCHOOL/DEMONSTRATION

- Prior to embarking on the course proper, participants must demonstrate the dexterity to transfer their SmartBelay lanyard and ability to observe and respond to guide signals and calls.

### CLOTHING & ATTIRE

- Sturdy, closed-toe shoes and clothing appropriate for an active, outdoor adventure are required.
- Participants must be able to understand and comply with instructions in English or bring their own translator.

### YOU CANNOT PARTICIPATE IF YOU:

- Are under the influence of alcohol, illegal drugs or legal drugs that impair you in any way
- Are pregnant or think you might be pregnant
- Have recent or reoccurring neck, back, or musculo-skeletal injuries

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- Have epilepsy or seizure disorders that do not permit you to drive
- Suffer from a heart condition that may require immediate medical attention

## WHAT TO WEAR

Guests should come dressed for the weather and be prepared to be outside in the elements for the duration of the tour. We recommend wearing several layers as conditions on the courses can change during the span of the tour.

**Hot Weather (80°F or above):** Longer shorts, long- or short-sleeved shirt, sturdy, closed-toe shoes, rain gear, and/or sunscreen.

**Warm Weather (60°F or above):** Pants or longer shorts, long- or short-sleeved shirt or wind jacket, sturdy, closed-toe shoes or light hiking boots, rain gear, and/or sunscreen.

**Cool Weather (30°F to 60°F):** Long underwear, turtleneck or long-sleeved shirt; sweatshirt, sweater or fleece jacket; long pants, light-weight jacket, athletic shoes or light hiking boots, light fleece or wool gloves, and rain gear.

## CLOTHING NOTES

- For best comfort with the harnesses, we recommend long pants or longer shorts. Shirts should be long enough to tuck into pants to prevent the harness from rubbing on skin
- Guests with long hair should bring a hair tie or clip to pull their hair back
- We recommend that all glasses be secured with a retainer strap
- Dress prepared for periods of inactivity
- **Guests must wear sturdy, closed-toe shoes or boots. Sandals, flip flops, slip-ons, barefoot running shoes, and Crocs are NOT acceptable and guests without proper footwear will be turned away without refund**

**The Aerial Adventure Park is a 2.5 hour experience.** For larger groups participating on the aerial adventure, additional time will be required to space out groups. The majority of this time will be spent outdoors and some distance from the Welcome Center and other facilities. Please arrive prepared to be outdoors for up to 3.0 hours, rain or shine. Athletic fields, tennis courts, and picnic areas are available nearby the aerial adventure park. During the summer season, swimming and boat rentals are also available.

## WHAT TO BRING

- An adventurous spirit!
- All sunscreen and bug repellent must be applied prior to the start of the tour and may not be reapplied once the harnesses and equipment have been put on
- Necessary medications: Please bring with you all medication that might be immediately necessary to prevent onset of a more serious condition such as asthma inhalers, nitroglycerine pills, Epi Pens, insulin, etc.
- Food, water, and snacks for before or after the program. Picnic tables and lawn games are available at the State Park. You are welcome to hang out, enjoy the views, and watch others as they make their way through the Aerial Adventure
- Money to purchase photos, souvenirs, and to tip your guides. 8-10% is the customary gratuity.

## WHAT NOT TO BRING

- Cell phones are not permitted on the Aerial Adventure Park. Please leave them at home or in your car. Photos will be available for purchase when making your reservation, or after your adventure at the gear return/retail window.
- Pets. No accommodations will be made for pets in the Aerial Adventure Park or at the Canopy Challenge Course Welcome Center. Please leave pets at home. The only exception to this policy is for trained leader dogs or animals. If you require the assistance of a leader dog or animal, we request you provide us advanced notice.
- Smoking and chewing tobacco, alcohol, or drugs are not allowed on the course or on the grounds.
- Food and chewing gum are not allowed on the course.

# CANOPY CHALLENGE COURSE AT FALL CREEK FALLS

# ADVENTURE CHALLENGE

SCHOOL, YOUTH, AND COMMUNITY

## MAP & DIRECTIONS



### FROM NASHVILLE:

Take I-40 East to Exit 288 (Cookeville) Turn RIGHT onto US-70S W/STN-111 S. Follow US-70S W/TN-111 S (36.3). Exit TN-111 right on ramp toward Baker Mountain Road. Turn LEFT from top of ramp and follow signs to TN-284 and Fall Creek Falls State Park. exit overpass and follow, following the signs for Fall Creek Falls State Park. At dead end, turn LEFT onto Old TN-111. Take first RIGHT onto TN-284 and follow into Park. Continue straight at stop sign and follow the signs to the Canopy Challenge Course Welcome Center.

### FROM KNOXVILLE:

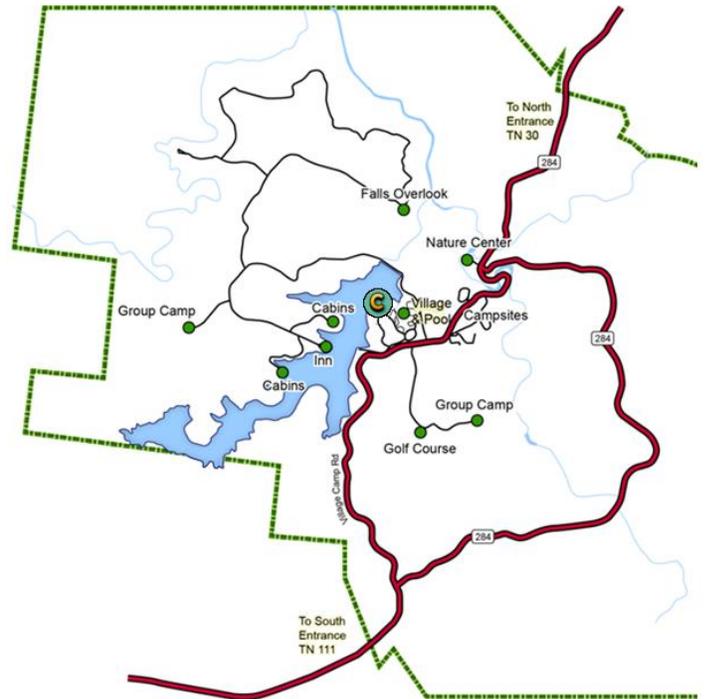
Follow I-40 West then take Exit 322. Turn LEFT onto TN-101 S/Peavine Rd. Follow TN-101 S through several jogs and turns to TN-30 (28.9 miles). Turn RIGHT onto TN-30 W and drive for 5.1 miles. Turn LEFT onto TN-284 and follow into Fall Creek Falls State Park. At the stop sign, proceed straight and follow the signs in the Park to the Welcome Center.

### FROM CHATTANOOGA:

Take US-27 North, then continue on to TN-111 N. Take the exit right toward TN-284 E/Baker Mountain Rd. Turn right onto TN-284 E/Baker Mountain Rd, following the signs for Fall Creek Falls State Park. Follow the signs in the park to get to the Canopy Challenge Course Welcome Center.

### APPOXIMATE DRIVING TIMES

Knoxville, TN – 1 hour 50 minutes  
Nashville, TN – 2 hours  
Chattanooga, TN – 1 hour 15 minutes  
Memphis, TN – 5 hours  
Charlotte, NC – 5 hours 45 minutes  
Atlanta, GA – 3 hours 0 minutes  
Louisville, KY – 4 hours 30 minutes



## CANOPY CHALLENGE COURSE FALL CREEK FALLS

### Fall Creek Falls State Park

1997 Village Camp Rd

Spencer, Tennessee 38585

GPS: 35.657861, -85.358285

(615) 499-5779 office

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