Atlantic Kayak Tours Norrie State Park Tour Description

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Atlantic Kayak Tours, Inc. 2018©

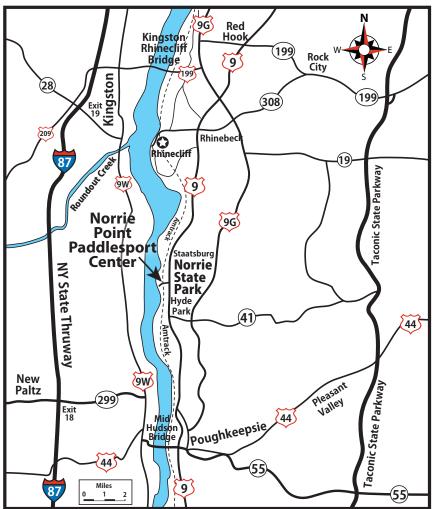
Arrival Time:	10:30 AM for an 11:00 start
Meeting Place:	Norrie Point Paddlesport Center (see map on other side).
Phone/Text:	(845) 246-2187
Distance:	6-12 miles
Skill Level:	This trip is designed for paddlers of any skill level. Calm to moderate sea conditions, with some wakes under normal conditions, but if windy the river can be very choppy.
Equipment:	Bring a change of clothes and shoes, in the event of a capsize. Your lower legs and feet get wet. It's the best to wear quick dry clothing. If you wear glasses you should have a strap to hold them on your head if you capsize. We recommend straps that float the glasses. We have bottled water and eyeglass straps for sale. On cool days keep away from cotton clothing. If you bring your own kayak it must be a minimum of 14 feet long and have bulkheads.
Lunch:	Bring a lunch and plenty to drink for our rest stops.
Motels:	See the Norrie Program Description on the website for a link to motels in the Rhinebeck Area.
Camping:	For camping at Norrie State Park go to www.reserveamerica.com and enter Norrie State Park.
Directions:	<u>From Kingston or Saugerties area</u> , take Route 199 across the Rhinecliff Bridge. Make a right at the second light onto Route 9G south. Go 1.3 miles to intersection, turn right onto Route 9 south. Go 9 miles (past Staatsburg, golf course and Taconic Region Park Headquarters). Norrie State Park entrance is on the right half a mile beyond the Hilltop Deli (left). Follow signs for the Atlantic Kayak Tours or the Marina and go to the Norrie Point Paddlesport Center.
	<u>From New Jersey or down state New York</u> , take the New York Thruway to exit 18 (New Paltz). After the toll take the first right to Route 299 east. Take Route 299 to Route 9W. Make a right onto 9W going south to the Mid Hudson Bridge. Take the first exit over bridge to Route 9 North (Hyde Park). Continue on Route 9 north through Hyde Park. Go 3 miles past the Vanderbilt Mansion, look for sign for Park. Make a left onto Old Post Road and park entrance will be in 100'. Follow signs for the Atlantic Kayak Tours or the Marina and go to the Norrie Point Paddlesport Center.
	<u>From Connecticut or any place on the eastern side of the Hudson River</u> , take the Taconic Parkway to Route 55 west. Take Route 55 to Route 9 north. Continue on Route 9 north through Hyde Park. Go 3 miles past the Vanderbilt Mansion Vanderbilt Mansion, look for sign for Park. Make a left onto Old Post Road and park entrance will be in 100'. Follow signs for the Atlantic Kayak Tours or the Marina and go to the Norrie Point Paddlesport Center.
	<u>By train from Manhattan or Albany:</u> Enjoy a beautiful trip by train, followed by a taxi ride. Take Amtrak to the Rhinecliff stop. Call (800) 872-7245 for train information. Rhinebeck Taxi (914) 876-2010. Call ahead for taxi prices and availability.
lat/lon:	N41.8339/W73.9415

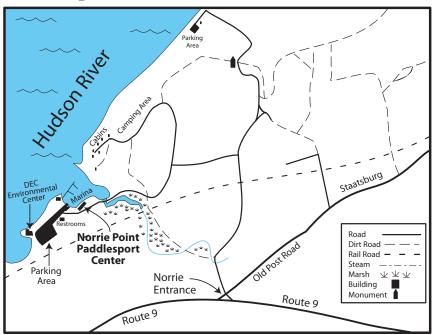
Description

Norrie State Park has been called the Jewel of the Hudson. Spend the weekend at the Norrie campground (cabins also available) and sight-see or hike the many beautiful trails. You have the opportunity to spot: osprey, great blue heron, green heron, snowy egret, wild turkey, snow geese, red-tailed hawks, kingfishers, deer, and bald eagle.

We have two different full day Norrie beginner tours, one heading north and the other going south along with a full selection of other tours and instructional programs. The Norrie North trip paddles past the Esopus Lighthouse, one of the many lighthouses under restoration along the Hudson and has lunch at Mills Mansion. The Norrie south trip paddles down past the Vanderbilt Mansion, where we will return to have lunch. ollowing lunch both trips paddle to

Esopus Island for a close up of this beautiful Island before our trip back to Norrie State Park.





Rhinebeck is located a few miles north of Norrie, and offers many restaurants for dinning after the trip.

Named in 2007 as one of the Top 100 Campgrounds in the nation.

From Park website: Margaret Lewis Norrie State Park adjoins Ogden Mills and Ruth Livingston Mills Memorial State Park and together, comprise more than one thousand acres. Margaret Lewis Norrie State Park offers a full menu of exhilarating recreational opportunities and activities for visitors of all ages. The numerous trails that thread through the grounds of both Mills and Norrie State Parks are ideal for walking, jogging, hiking, cycling, cross country skiing, and snow shoeing – treating visitors to fabulous views of the Hudson River which runs directly along the parks' western boundaries.

A serene wooded area with glimpses of the river provides an ideal location for camping. There are 46 tent sites and 10 cabins available for rental at the park. Recreational vehicles are also welcome, however, the park does not offer hook up facilities. River access is available for campers with boats at the Norrie Marina and at the Norrie Environmental Center a variety of nature programs are offered on Saturdays during the summer months. Restroom facilities and showers are located within walking distance.